

PRIOR TO TREATMENT:

Some studies suggest you should take your NSAID of choice **1 hour PRIOR** to care to make the after-care treatment easier.

For our information, that would be LEVEL 1 types of discomfort.

If you have any questions, please consult with our office or your physician, prior to taking any medication.

WHAT THIS MEANS TO YOU:

LEVEL 1: Most routine care

LEVEL 2: ALREADY having severe pain, prior to seeking care.

LEVEL 3: Very RARE. Already having sever pain, prior to seeking care AND a serious infection.

Medications Strategies: Rest of Today all of Tomorrow DO NOT DELAY!!

Level 1:
Tylenol (Regular 325mg)
3 tablets every 4 hours

Level 1:
Extra Strength (500 mg)
2 tablets every 4 hours

Level 1:
Advil (200mg Motrin)
2 tablets every 3 hours

Level 1:
Motrin (800 mg)
1 tablet every 6 hours

Level 2:
Alternate
Level 1 Tylenol w/
Level 1 Motrin.
12:00 Motrin; 3:00 Tylenol;
6:00 Motrin; 9:00 Tylenol

Level 3:
Vicoden (CALL ME!!)
(By Prescription ONLY)
1 tablet every 4 hrs *with*
2 regular Tylenol

